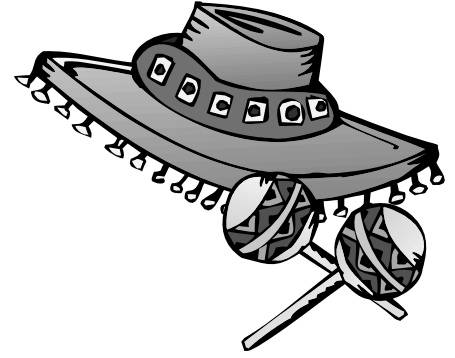


MEXICO 2008



Essential Items to bring

- Small day pack (may bring on plane as carry-on)
- Passport
- Pillow
- Sleeping bag
- Sleeping Pad (blow-up or foam roll-up)
- Flashlight
- Tennis Shoes (2 pairs)...(work boots are optional)
- "Flip-Flops" or water sandals to wear while showering
- Warm jacket - it can get **cool** at night
- Bible, pen or pencil, paper
- Towel and washcloth
- Sun Shower (optional)
- Wash and Dry packets, individually foil wrapped (at least a dozen)
- Kleenex
- Roll of toilet paper...join the "Pack-a-Roll Club!"
- Chapstick
- Personal first-aid articles (We will have an extensive first-aid kit with us)
- Personal toilet articles
- Swimsuit and cover-up
- Shorts - May be worn **only** while in California
- Sunscreen (very important - must be **strong**)
- Water bottle (plastic, 1 quart, screw-on top)
- Bandannas (at least 2)
- Sunglasses & Hat (brim hat is better than baseball hat)
- Work gloves (2 pair-one for wood working, one for cement work)
- Hammer, nail apron, tape measure, carpenter pencil
- Work clothes: jeans (couple pair), t-shirts (bring lots!), sweat pants, sweatshirt
- No tank tops, ripped jeans, army fatigues or t-shirts with questionable sayings/pictures**
- Frisbee and other sports equipment
- Camera-disposable is best!
- Extra spending money

*Base camp will be secure, but **do not** bring anything of major value that you have to worry about.*

VERY IMPORTANT

All of these items must be inside one large bag or pack (no more than 50 pounds!) to be checked on airplane as baggage. This includes **sleeping bag. Please have your name & address on bag.**